



Modern Day Care Skills Bootcamp Curriculum





About Us?

We help people change their lives through learning.
Our mission is simple: to make education
accessible, supportive, and tailored to real-world
success.

At Xyrius, we don't just teach skills – we help people
transform their futures.

Learn job-ready skills that employers value
Grow in confidence with practical, hands-on
training

Be supported by expert trainers who care about
your journey

We believe everyone has potential – we're here to
help you unlock yours.

NCFE Fully accredited care training solutions

- Covers key compliance & practical care topics
- Tailored for care homes, domiciliary care & healthcare staff
- Designed to improve care standards & staff confidence



What is a Skills Bootcamp?

A bootcamp is an intensive, short-term training program, designed to rapidly upskill individuals in a specific field.

Fully funded by the Department of Education for those new to care.

What are the benefits?

Focused Learning: Hands-on, practical training tailored to industry needs

Fast-Track Approach: Condensed courses that deliver skills in weeks, not years

Employer-Led: Developed in collaboration with industry professionals

Job-Ready Skills: Prepares learners for real-world work environments

Our care bootcamps ensure that staff gain the necessary knowledge and skills to excel in the care sector!



Modern Day Care

2 Days per week over 10 weeks

Course Contents*

- Week 1 - Introduction & 15 Care Standards
- Week 2 - Digital Literacy - Cyber Security & GDPR in Care Settings
- Week 3 - Supporting Positive Behavior
- Week 4 - Safe Medication Handling
- Week 5 - Dementia Awareness
- Week 6 - Careers & Professional Development
- Week 7 - Conflict Management
- Week 8 - Autism Awareness (Oliver McGowan Programme)
- Week 9 - End of Life Care
- Week 10- Observations & Witness Statement plus sign off

Ideal for those seeking employment in Care.

***Accredited by NCFE at Level 3**